adipose baby

To great excitement in our house, a new series of Dr Who started. With a new 'monster', the Adipose babies. *Dr Who Confidential* explained they were cgi-ed but also they had a couple of knitted ones on set. Ooooh. I have white wool, hmmmm ... so after a quick rummage in the oddments box I made one. Crocheted rather than knitted (as it's quicker and I find it easier to improvise in crochet), I worked on it while we watched the 'old' Dr Who & the Daleks episodes, hence this is more of a guide than a fully formed pattern.

Materials: white yarn, black yarn, crochet hook, stuffing. Use a hook a size or 2 smaller than recommended for your yarn, so as to give a firm fabric the stuffing won't leak out of .

Note: I have used English crochet terms throughout. English double crochet (dc) is US single crochet (sc).

Body: Chain 12, turn, work back and forth in rows of double crochet until piece measures 20 cm approx. Fasten off.

Feet (make 2): Chain 3, slip stitch into first ch to make a circle. Ch 1, 5 dc into ring, slip stitch to join round. Next round, ch 1, dc into each of next 2 stitches, then 2 dc into next stitch, dc into each of next 2 stitches, then 2 dc into next stitch. Join round and work 5 rounds. Then turn, ch 1, dc into next 4 stitches, then work back and forth in rows on these 4 stitches for 6 rows. Then join the centre back with dc. Now dc all around the opening for 4 rows. Fasten off.

Arms (make 2): Chain 10, slip stitch into first ch to make a circle. Work 6 rounds of dc, then join the top with a row of dc, ch 1, turn and dc back across row of 5 dc you've just made. Ch 1, then make a picot stitch into each of the 5 dc. Fasten off.

Making up: Join side seams of body and half way along 'top' seam (actually this will be the bottom), stuff body and complete seam securely. Stuff feet and sew to bottom of body (bottom is the seam line). Stuff arms (not as full as body or feet), sew to sides of body. Embroider eyes and mouth with long piece of black yarn. Fasten off, enjoy.